



SILVER JUBILEE SAFOG CONGRESS

IN ASSOCIATION WITH

55TH ANNUAL SCIENTIFIC CONFERENCE

OF THE

SRI LANKA COLLEGE OF OBSTETRICIANS & GYNAECOLOGISTS



"ENHANCING WOMEN'S HEALTH WITH REGIONAL & GLOBAL PARTNERSHIP"

30TH SEPTEMBER TO 2ND OCTOBER 2022 AT SHANGRI-LA HOTEL COLOMBO LOTUS BALLROOM

DAY 01 | SCIENTIFIC PROGRAMME | 30TH SEPTEMBER 2022

TIME	HALL – A (LOTUS BALLROOM)	HALL – B (LOTUS BALLROOM)	HALL – C (LOTUS BALLROOM)	HALL – D
7.45 AM – 8.45 AM	FREE PAPERS 6 <i>Chairpersons ; Dr Achintha Dissanayake Dr Chinthaka Banagala</i>	FREE PAPERS 12 <i>Chairpersons ; Dr Darshana Abeygunawardena Dr Shemoon Marleen</i>	FREE PAPERS 18 <i>Chairpersons ; Dr Chandina Wedamestri Dr Ruwan Silva</i>	FREE PAPERS 24 <i>Chairpersons ; Prof C Randeniya / Dr. Ajith Fernando</i>
9.00 AM - 9.45 AM	D A RANASINGHE ORATION "From radical to conservative; a decade of evolution of surgical management of placenta accreta" By Dr U D P Ratnasiri <i>Chairpersons; Prof Sanath Lanerolle (President SLCOG) Prof Rasika Herath (Chairman Scientific activities & research SLCOG)</i>			
9.45 AM - 10.15 AM	KEY NOTE ADDRESS "Enhancing Partnerships for Universal Health Coverage, Primary Health Care and the SDGs in South Asia" By Dr. Rene Ekpini, Regional Advisor Health, UNICEF <i>Chairpersons; Dr Rohana Haththotuwa (President SAFOG) Prof Sanath Lanerolle (President SLCOG)</i>			
10.15 AM - 10.45 AM	PLENARY LECTURE 1 "Molecular basis of Diabetes." by Prof Pradeep De Silva (Immediate Past President SLCOG) <i>Chairpersons ; Prof. Ferdousi Begum Dr Ananda Ranathunga</i>			
10.45 AM - 11.00 AM	Tea break & Poster Viewing			
11.00 AM - 12.00 PM	GUEST LECTURE 1,2,3 (1) Global Clinical Guidelines: Challenges in practice – Dr Madhuri Patel (2) Why complications occur in Laparoscopy- Prof. Laila Arjumand Banu (3) Dheera -"No to violence against Women" - Prof. Shantha Kumari <i>Chairpersons ; Prof Sk Zinnat Nasreen Dr. Chandana Jayasundara</i>	GUEST LECTURE 4,5,6 (4) Late onset FGR Diagnostic Dilemmas – Dr. Ayesha Malik (5) Novel concepts in preterm labour – Prof. Dr. Mahbuba Akter Banu (6) Practices and possibilities of Evidence Based Medicine in Obstetrics and Gynaecology - Dr. Shabeen Naz <i>Chairpersons; Dr Ajith Fernando Dr. Chaminda Mathota</i>	SLCOG – YGA (5) <i>Chairpersons ; Dr Gamini Perera Dr Indu Asanka Jayawardena</i>	SAFOG COUNCIL MEETING
12.00 PM - 1.00 PM	GUEST LECTURE 7,8,9 (7) Genital TB in India - Dr S P Jaiswar (8) Prevention of endometriosis - Dr T. Ramani Devi (9) FOGSI's way forward for Cervical Cancer elimination - Dr Priya Ganesh Kumar <i>Chairpersons ; Dr Gamini Perera Dr Aziz Un Nisa Abbasi</i>	GUEST LECTURE 10,11, 12 (10) Postpartum intrauterine contraceptive uptake; A cost effective family planning intervention, experience in Pakistan - Dr. Azra Ahsan (11) Maternity care to minimise future NCD - Prof. Kohinoor Begum (12) Novel concepts in Potentially - Prof. Dr Sohana Siddique <i>Chairpersons ; Dr Priti Kumar Dr Achintha Dissanayaka</i>	SAFOG – YGA (6) <i>Chairpersons ; Dr Narendra Malhotra Prof Malik Goonewardena</i>	
1.00 PM – 2.00 PM	Lunch & Poster Viewing			
2.00 PM - 3.00 PM	SYMPOSIUM 1 FOGSI Session "Place of vaginal surgery in the era of laparoscopy" - Dr. Kawita Bapat, V.P. FOGSI "Liver disorders in Pregnancy" – Dr. Bipin Pandit, V. P. FOGSI "ART of communications of adverse outcomes in Obstetric practice" - Dr. Madhuri Patel <i>Chairpersons ; Dr Archana Verma Dr Fessy Louis Prof Pradeep De Silva</i>	GUEST LECTURE 13,14,15 (13) Environmental factors in Infertility - Prof. Rashida Begum (14) Fertility Preservation - Prof. Mariam Faruqui (15) Revisiting recurrent Pregnancy loss - Prof. Sehereen Farhad Siddiqua <i>Chairpersons ; Prof Athula Kaluarachchi Prof Sk Zinnat Nasreen</i>	SYMPOSIUM 2 O & G Society of Malaysia - ICOG Virtual Training of Trainers for SAFOG: The background and lessons learnt? - Dr Thaneemalai Jeganathan Analysis of Virtual Training of Trainers – Dr Yong Soon Leong Panel Discussion; Open access and collaboration - the impetus for Obstetric training <i>Chairpersons ; Dr Shyam Desai Dr Kumara Dissanayake</i>	FREE PAPERS 30 <i>chairpersons ; Dr Chaminda Mathota Dr Achintha Dissanayake</i>
3.00 PM - 4.00 PM	SYMPOSIUM 3 UNICEF Session "THINK NUTRITION FIRST" Preparing adolescents for wellness ; think nutrition first - Prof Rowshan Ara Begum Managing GDM with Medical nutrition therapy – Dr Hema Divakar Post-delivery advice on Nutrition ; new mom new baby - Dr Farhana Deewan Call to action for Obstetricians & Gynaecologists ; Think nutrition first - DR ABNER ELKAN DANIEL <i>Chairpersons ; Prof Rubina Sohail Dr Sneha Bhuyar Dr Hema Divakar</i>	GUEST LECTURE 16,17,18 (16) Menopause, breast cancer and HRT - Dr. Edward Morris (Virtual) (17) Understanding chronic unexplained pelvic pain - Dr Suchitra Pandit (18) Perimenopausal bleeding-Role of Hysteroscoy - Dr Parul Kotadawala <i>Chairpersons ; Prof Krishnendu Gupta Dr U D P Ratnasiri</i>	SYMPOSIUM 4 SAFOG Maternal & Perinatal Health committee SAVING MOTHERS & BABIES - LEARNING FROM LARGE MULTICENTER STUDIES Honourable Guests - Prof Rashid L Khan, Prof T A Chowdhury, Prof Ganesh Dangal E MOTIVE STUDY- Designing and Implementing a large Multicenter study – Prof. Lumaan Sheikh (Virtual) The WOMAN 1 Study - Prof Ian Roberts (Virtual) PREVENT Study Overview - Prof Sudhin Thayyil External Quality Audit in PREVENT study - Dr Rupsa Banerjee <i>Chairpersons ; Prof Farrukh Zaman Prof Shyam Desai Prof Sheela Mane Dr. Mangala Dissanayaka</i>	
4.00 PM - 4.15 PM	Tea break & Poster Viewing			



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DAY 02 | SCIENTIFIC PROGRAMME | 1ST OCTOBER 2022

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7.45 AM – 8.45 AM	FREE PAPERS 36 <i>Chairperons ; Dr Haseem Ziard Dr C M Jayasundara</i>	FREE PAPERS 42 <i>Chairpersons ; Dr Madura Jayawardena Dr Shemoon Marleen</i>	FREE PAPERS 48 <i>Chairpersons ; Dr Laleendra Weerasena Dr Punsiri Gunathilake</i>	FREE PAPERS 54 <i>Chairpersons ; Dr Ruwan Parakrama Dr Ruwan Silva</i>
9.00 AM - 9.30 AM	PLENARY LECTURE 2 " What have we learned from the COVID-19 pandemic and what should we do next?" By Prof. Kazunori Ochiai (Immediate Past President AFOG) <i>Chairpersons ; Dr Rohana Haththotuwa Prof Mary Ann Lumsden</i>			
9.30 AM - 10.00 AM	PLENARY LECTURE 3 "Cesarean Section rates In South Asia- A tragedy ; What can SAFOG do? by Dr Rohana Haththotuwa (SAFOG President) <i>Chairpersons ; Prof Rashid Latif Khan Dr Marlene Abeyewardena</i>			
10.00 AM - 10.45 AM	PROF RASHID LATIF KHAN ORATION "Combating Adolescent PCOS in SAFOG Countries" By Prof. Ferdousi Begum <i>Chairpersons ; Dr Rohana Haththotuwa Prof W I Amarasinghe</i>			
10.45 AM - 11.00 AM	Tea break & Poster Viewing			
11.00 AM - 12.00 PM	GUEST LECTURE 19,20,21 (19) Endocrine Disruptors & Fertility - Dr Jaideep Malhotra (20) Challenges in management of GDM - Dr. Sheuli Kamrunnahar (21) Uncommonectopic pregnancies -- Challenges in the management - Dr.Hiralal Konar <i>Chairpersons ; Prof T Kadotgajan Dr. Laila Arjumand Banu</i>	GUEST LECTURE 22,23,24 (22) Aesthetic & Regenerative Gynaecology - Dr Narendra Malhotra (23) Tranexemic Acid & PPH: Alternative Routes – Prof. Muhunthan (24) Non-Clinical Component of PPH Bundle: An innovation to improve the Outcome- Dr Farhana Dewan <i>Chairpersons ; Dr Sanath Akmeemana Dr Dharshana Abeygunawardana</i>	GUEST LECTURE 25,26,27 (25) "Role of Progesterone in Threatned Miscarriages" - Prof Sir Sabaratnam Arulkumaran (26) "Consensus statements for assessment, evaluation and management of threatened miscarriage during the first trimester in Pakistan" - Dr Sadia Ahsan Pal (27) "First Trimester Screening" - Prof Yousaf Latif Khan <i>Chairpersons ; Dr Kawita Bapat Prof Chathura Rathnayaka</i>	UNICEF MEETING
12.00 PM - 1.00 PM	SYMPOSIUM 5 UNFPA Session "Intimate Partner Violence in Pregnancy" Intimate partner Violence (IPV) : An Overview - Dr Lakshmen Senanayake IPV in pregnancy: Devastating consequences - Dr. Sarada Hemapriya Lessons learnt in addressing IPV: Experiences from India - Dr. Shantha Kumari, President FOGSI Lessons learnt in addressing IPV: Experiences from Thailand - Prof. Unnop Jaisamrarn Lessons learnt in addressing IPV: Experiences from Sri Lanka - Dr. Nettanjali Mapitigama <i>Chairpersons ; Mr Kunle Adeniyi Prof Sir Sabaratnam Arulkumaran</i>	GUEST LECTURE 28,29,30 (28) Damage- Control surgery for major Obstetric Hemorrhage - Prof. Dr. Tazeen Abbas-Secretary General SOGP (29) PPH: Role of UBT - Prof. Sayeba Akhter (30) Placenta Adhesive Spectrum Disorder - Prof. Fatema Rahman <i>Chairpersons ; Dr Sanjay Gupte Dr Sarath Amarasekara</i>	SYMPOSIUM 6 MANYATA ; Panel Discussion Panelists: Dr. Shanta Kumari, Dr. H.D. Pai, Dr. Jaideep Malhotra, Dr. Samita Bharadwaj, Dr. Suranjan Prasad, Dr. Rubina Sohail, Dr. Ferdosi Begum, Dr. Asma Rana, Srilanka Representative. Moderators: Dr. Narendra Malhotra, Ms. Pompy Sridhar <i>Chairpersons ; Dr Madhuri Patel Dr Chanil Ekanayaka</i>	
1.00 PM – 2.00 PM	LUNCH & Poster Viewing			
2.00 PM - 3.00 PM	SYMPOSIUM 7 OGSB Session OGSB in leadership: MMR reduction - Prof. Ferdousi Begum OGSB in combat: COVID-19 - Prof. Gulshan Ara OGSB in advancement: Infertility - Prof. Parveen Fatima OGSB in Quality Improvement: Monitoring & Mentoring - Prof. Farahana Dewan OGSB in Empowerment: Women’s Rights - Prof. Rowshan Ara Begum <i>Chairpersons ; Prof. TA Chowdhury Prof. AB Bhuiyan Dr Madura Jayawardana</i>	GUEST LECTURE 31,32,33 (31) Male infertility-What every Gynaecologist should know - Dr Jaydeep Tank (32)Need & feasibility of providing ART Services in Developing countries - Prof Sudha Prasad (33) Update on PCOS associated infertility - Dr. Mala Banik <i>Chairpersons ; Dr K Muhunthan Dr Sarath Kularathne</i>	GUEST LECTURE 34,35,36 (34) "Graceful aging" - Professor Shaikh Zinnat Ara Nasreen (Bangladesh) (35) Investing in Adolescent reproductive Health - Dr.Marjia Begum (36) Physical and Psychological issues in Abortion - Dr.Dilruba Ferdous <i>Chairpersons ; Dr M D P Guneratne Dr Sanath Akmeemana</i>	FREE PAPERS 60 <i>Chairpersons ; Dr M R M Rishard Dr Indu Asanka Jayawardena</i>
3.00 PM - 4.00 PM	SYMPOSIUM 8 AOFOG Session "Evidence based SRH care" Bringing evidence into SRH practice - Professor Unnop Jaisamrarn - Thailand Contraception in women with medical conditions - Professor Krishnendu Gupta - India Benefits beyond birth control of contraceptive methods - Assistant Professor Susan Logan (Virtual) - Singapore <i>Chairpersons ; Dr Rohana Haththotuwa / Dr Jaydeep Tank</i>	GUEST LECTURE 37,38,39 Tips & Tricks for laparoscopic Surgery (37)TLH for large uteri - Dr Kuiren Joseph (38)Tissue retieval in Laparoscopy surgery - Dr Rekha Kurien (39)Medical &Surgical Management of Endometriosis – Dr Shyam Desai <i>Chairpersons ; Dr. Farhana Dewan Prof Rasika Herath</i>	SYMPOSIUM 9 FIGO Session Welcome and Opening Remarks – Dr Jeanne Conry (virtual) Violence against women and its impact on women’s health -Shantha Kumari Violence in conflict situations - Dr Rubina Sohail The Red Line initiative – Dr Jeanne Conry (virtual) Respectful care for all women - Dr Jaideep Malhotra Improving the health and Quality of Life of Women - Dr Hema Divakar (virtual) General Discussion <i>Chairpersons ; Prof Mary Ann Lumsden Prof T A Chowdhury</i>	FREE PAPERS 66 <i>Chairpersons ; Dr Maithri Chandraratne Dr Sumith Warnasuriya</i>
4.00 PM - 4.15 PM	Tea Break & Poster Viewing			
4.15 PM - 5.15 PM	SAFOG Oration "Women's Health - Are We Doing Enough in South Asia" by Prof Farrukh Zaman <i>Chairpersons ; Prof Alokendu Chatterjee Dr Lakshmen Senanayake</i>			FREE PAPERS 72 <i>Chairpersons ; Dr M Thirukumar Dr Chanil Ekanayake</i>



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7.45 AM – 8.45 AM	FREE PAPERS 78 <i>Chairpersons; Dr Nilan Rodrigo Dr Chanil Ekanayake</i>	FREE PAPERS 84 <i>Chairpersons; Dr Romanie Fernando Dr Prabhodana Ranaweera</i>	FREE PAPERS 90 <i>Chairpersons; Dr Punsiri Gunathilake Dr Ruwan Silva</i>	FREE PAPERS 96 <i>Chairpersons; Dr Ruwan Parakrama Dr Jayanga Thilakaratne</i>
9.00 AM - 9.30 AM	PLENARY LECTURE 4 "Strengthening resolve: "Leading a Global Impact on Reproductive Freedom" - Dr Jeanne Conry : FIGO President (Virtual) <i>Chairpersons ; Prof Sir Sabaratnam Arulkumaran Prof Sanath Lanerolle</i>			
9.30 AM - 10.00 AM	PLENARY LECTURE 5 "Women's rights to safe and affordable health care" by Prof Sir Sabaratnam Arulkumaran <i>Chairpersons ; Dr Kurian Joseph Prof Malik Goonewardane</i>			
10.00 AM - 10.45 AM	DR P DISSANAYAKE ENDOWMENT LECTURE 'Iron Deficiency anaemia and preparation for pregnancy. Can we do better' By Prof. Mary Ann Lumsden <i>Headtable ; Dr Marlene Abeyewardana Prof Sanath Lanerolle Dr Chaminda Mathota Prof Mary Ann Lumsdem Prof Rasika Herath Prof Rukshan Fernandopulle</i>			
10.45 AM - 11.00 AM	Tea break & Poster Viewing			
11.00 AM - 12.00 PM	GUEST LECTURE 40,41,42 (40) Adolescent Endometriosis in South Asian region- Prof Sameena Choudhury (41) Island nation challenges around maternal & new born care- Dr. Aseel Jaleel (42) SRH:Bangladesh Perspective - Dr. Joysree Saha <i>Chairpersons ; Dr Mangala Dissanayaka Dr Chaminda Mathota</i>	GUEST LECTURE 43,44,45 (43) Prenatal Diagnosis - Prof. S H Dodampahala (44) Anaemia in Pregnancy - Prof Chaminda Kandauda (45) Adenomyosis: A challenge to fertility treatment - Dr. S.Raguraman <i>Chairpersons ; Dr Ajita Wijesundara Dr Maithri Chandratne</i>	SYMPOSIUM 10 UNICEF Session "Can improvements in maternal nutrition lead to reductions in LBW in Sri Lanka?" Trends in Low birthweight and programmatic approaches to LBW reduction – Dr Sanjeeva S.P.Godakandage, NPM Maternal Care, FHB Evidence on programmatic pathways to address the issue of stagnant LBW ; role of maternal nutrition – Dr Abner Daniel, Chief of Health and Nutrition, UNICEF Sri Lanka Role of the obstetrician in LBW reduction – Prof Tiran D Dias <i>Chairpersons ; Deputy Representative (Tentative : Dr. Ananda Ranatunga)</i>	GUEST LECTURE 46,47,48 (46) Electronic Fetal Monitoring- beyond conventional interpretation - Prof Lanka Dasanayake (47) Early Management of Miscarriages - Dr. Rajiv Vithanage (48) Optimising the outcome SLE - Dr. Punsiri Gunathilaka <i>Chairpersons ; Dr Jayanga Thilakaratne Dr. Wasantha Galappaththy</i>
12.00 PM - 1.00 PM	GUEST LECTURE 49,50,51 (49) Outcome assessments in Obstetrics & Gynaecology – Dr. Chanil Ekanayaka (50) Ventral suspension, an innovative operation for uterine prolapse in young women - Prof Azizunnisa Abbasi (Video presentation of the procedure) (51) "Adolescent TB future cause of Infertility" - Prof Sangeeta Sharma <i>Chairpersons ; Dr Ruwan Pathirana Prof C Randeniya</i>	Gestosis society Clinical Risk assessment for HDP Gestosis – Dr. Girija Wagh Genetics and Gene engineering Focus Gestosis - Dr. Sanjay Gupta Critical care in HDP Gestosis - Dr Alpesh Gandhi <i>Chairpersons ; Dr. Jaideep Malhotra Dr Jagath Herath</i>	SYMPOSIUM WHO SESSION "Countdown to 2030: tracking progress towards reaching SDG targets in maternal mortality reduction" Are we on track ? Global & Regional targets and actions in reducing maternal mortality- Dr Anoma JAYATHILAKA Country Progress & Challenges in achieving SDG targets in maternal mortality and Still Births in a Low mortality setting -Sri Lankan perspective - Harendra Dasanayaka - FHB, MOH Role of obstetricians in reaching maternal and newborn health targets in a country - Dr Harsha Atapattu <i>Chairpersons ; Prof Athula Kaluarachchi Dr Yousaf Latif Khan</i>	SYMPOSIUM "FIGO SAFOG Session - "Women's Health in Crisis Situations" Moderator ; Dr Asifa Noreen Pakistan floods, Climate change and women in crises - Prof Rubina Sohail Protecting autonomy of Rohingya women in sexual & reproductive health - Prof Samina Chowdhry Devastating effects of Srilankan economic crises on vulnerable populations - Prof Sanath Lanerolle <i>Chairpersons ; UNFPA representative, Prof Mary Ann Lumsden</i>
1.00 PM – 2.00PM	LUNCH & Poster Viewing			
2.00 PM - 3.00 PM	SYMPOSIUM SOGP Session Moderator ; Prof Tazeen Abbas "Strategies to reduce MMR in the region" Prevention and management of PPH a leading cause of MMR in the region - Prof. General Shehla Baqai Practices and possibilities of Evidence Based Medicine in Obstetrics and Gynecology - Prof. Shabeen Naz Strategies to prevent and treat placenta increta, can we save the uterus? - Prof. Arshad Chohan Sociodemographic characteristics and Three Delays of Maternal Mortality - Prof. Rubina Sohail <i>Panelists ; Prof Aisha Siddiqua Prof Aisha Malik Prof Roshan Ara Qazi Prof Shahida Sheikh Prof Sadia Pal Prof Zahida Parveen</i> <i>Chairpersons ; Prof Azizunnisa Abbasi (President SOGP) Prof Farrukh Zaman Prof S H Dodampahala</i>	GUEST LECTURE 52,53,54 "Challenges in practice" (52) Female urinary incontinence evidence based treatment pathway - Dr. Kajendran Jogarasah (53) Pelvic Floor dysfunction; Impact on quality of life - Dr. J B Sharma (54) Updates of management of Isthmocele/ Caesarean scar defects - Dr Prabhath Jayanga Randombage <i>Chairpersons ; Dr Janakie Karunasinghe Dr Nalinda Rodrigo</i>	GUEST LECTURE 55,56,57 (55) Changing scenario in C-section in Sri Lanka - Dr. Apputhurai Sritharan (56) Robsons TGCS - Prof. Shahanara Chowdhury (57) Triad of PCOS - Dr Champika Gihan <i>Chairpersons ; Dr. Aseel Jaleel Dr. Shamoon Marleen</i>	SYMPOSIUM WHO Session "Accelerating the elimination of cervical cancer as a public health problem: Towards achieving 90–70–90 targets by 2030" Are we on track to deliver 2030 targets? Global targets & Regional actions in reaching 90-70-90 targets by 2030 in post COVID era - Dr Anoma JAYATHILAKA(Virtual) WHO recommendation on screening and treatment of pre cancerous lesions in cervical cancer - Dr. Neerja Bhatla WHO framework for strengthening and scaling-up services for the management of invasive cervical cancer and providing palliative care - Dr. Cherian Varghese Practical constraints on achieving elimination of cervical cancer 90-70-90 targets by 2030: practical implications in a country situation - Dr. Siraj <i>Chairpersons ; Prof Aliya Begum Dr A Sritharan</i>



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3.00 PM - 4.00 PM	<p>SYMPOSIUM 15 RANZCOG Session (Via ZOOM) Coordinator on behalf of RANZCOG & SLCOG; Dr Hasthika Ellepola</p> <p>RANZCOG Strategic plan - Dr Benjamin Bopp (President RANZCOG) (20 mins) "The National Preterm Birth Prevention Program in Australia " - Dr. Christoph Lehner (40 mins)</p> <p><i>Chairpersons ; Prof. S. H. Dodampahala Tentative: Dr. Damayanthi</i></p>	<p>Perinatal society Preterm births: Current strategies and way forward - Dr Himali Herath Management of the newborn delivered at threshold of viability - Dr Nimesha Gamhewage Navigating through the crisis with strategic planning to relieve burden of prematurity - Dr Surantha Perera</p> <p><i>Chairpersons ; Dr Susie Perera Dr Kaushlya Kasturiarachchi</i></p>	<p>Menopause Society Cardiovascular Health & Menopause - Prof Zinnat Nasreen Prophylactic Oophorectomy - Dr. Harsha Atapattu Prescribing Hormones in Menopause - Dr. Diluk Senadeera</p> <p><i>Chairpersons ; Prof <u>Nishendra</u> Karunaratne Dr M D P Gunaratne</i></p>	
4.00 PM - 4.15 PM	Valedictory & Conclusion			



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