

DAY 01 SCIENTIFIC PROGRAMME 05TH SEPTEMBER 2026				
TIME	HALL – A	HALL – B	HALL – C	HALL – D
8.00 AM – 9.00 AM	FREE PAPERS (1-6) - SESSION 1	FREE PAPERS (7-12) - SESSION 2	FREE PAPERS (13-18) - SESSION 3	SAFOG NCD ESSAY COMPETITION FINALS "PCOS in South East Asia" Prof Suchitra Pandit
9.00 AM - 9.30 AM	KEYNOTE ADDRESS Maternal stem cells in obesity and pre-eclampsia - Prof Frank Louwen (President FIGO)			
9.30 AM - 9.55 AM	PLENARY LECTURE 1 The influence of adenomyosis on fertility and pregnancy: Effective management strategies - Prof Yutaka Osuga (Past President JSOG 2024, University of Tokyo School of Medicine)			
9.55 AM - 10.20 AM	PLENARY LECTURE 2 Its time to change lenses - Pre-eclampsia, the fourth trimester & beyond - Prof Sir Sabaratnam Arulkumaran			
10.20 AM - 10.40 AM	Tea break & Poster Viewing			
10.40 AM - 11.20 AM	DR P. DISSANAYAKE ENDOWMENT LECTURE PARADIGM SHIFTS IN OBSTETRIC PRACTICE - Dr Ravi Chandran (Past President AFOG)			
11.20 AM - 12.20 PM	RANZCOG SESSION The Rising Tide of Birth Trauma: An Obstetrician’s Challenge - A/Prof Thangeswaran Rudra Building Excellence in Endometriosis Management Through Multidisciplinary Collaboration and RANZCOG Training Initiatives - A/Prof Hasthika Ellepola Embryo Freezing: Ethical Principles and Contemporary Clinical Practice - Dr Dulanthi Tudawe	UNICEF SESSION "Beyond Pills and Procedures: Lifestyle Medicine in Women's Health" Nourishing Two Generations: Lifestyle Medicine in Pregnancy - Dr Arunie Malwatta Prescription: Exercise—The Most Underused Therapy in Obstetrics and Gynecology - Dr Sheela Nambiar Micro nutrient supplementation / Anaemia and National programmes on Nutrition	SYMPOSIUM 1 "Applications and Implications of AI in Reproductive Healthcare" Moderator - Prof Narendra Malhotra Panellists - Dr Sheeba Marwah (India)/ Dr Prabath Randombage / Dr Indunil Piyadigama VOG / Prof Chathura Rathnayake (Sri Lanka) / Prof M Thirukumar/ Dr Madawa Karunaratne	FREE PAPERS (19-26) - SESSION 4
12.20 PM - 12.40 PM	GUEST LECTURE 1 "Born Too Soon and the Road Forward to Prevent Preterm Birth" - Prof. Bo Jacobson	GUEST LECTURE 2 Prof. Shyam Desai (Past President – SAFOG)	GUEST LECTURE 3 Regenerative and Astheic Gynaecolgy a new superspeciality - Prof Narendra Malhotra	
12.40 PM - 1.40 PM	LUNCH & Poster Viewing			
1.40 PM - 2.40 PM	GUEST LECTURES 4,5,6,7 Ovarian Ageing - Dr Nandita Palshetkar The environmental effects on pregnant mothers.- Should we be more aware of the problem - Dr Ananda Ranathunga Screening, Prevention and Novel Methods of Clinical Diagnosis Placeta Accreta Syndrome - Dr U D P Ratnasiri	SAFOG QUIZ COMPETITION FINALS Non-communicable Disease Quiz Coordinators - Prof Suchitra Pandit	Prof Sir Sabaratnam Arulkumaran YGA Session SLCOG	FREE PAPERS (27-32) - SESSION 5
2.40 PM - 3.40 PM	RCOG SESSION Coordinator - Dr Sumith Warnasuriya Advancing Minimally Invasive Gynaecology with Robotics - Dr B A K G Mahendra Childbirth and Pelvic Floor Dysfunction - Dr Ruwan Fernando Anticholinergic Burden in the Management of Overactive Bladder (OAB) - Dr Sujeewa Fernando (Vice President RCOG)	WHO SESSION "Labour care : bringing new concepts to the current practice " Coordinator - Prof Chandana Jayasundara Labour progress: Parthian to decision making - prof M R M Rishard Beyond Hypoxia: Decoding the Neuro-Inflammatory Signature of the Vulnerable Fetus. - Dr Buddika Asela Respectful maternity care in Sri Lanka : A mixed method analysis from 21475 data points - Prof Chandana Jayasundara Family friendly caesarean section - Prof Prabodana Ranaweera	Prof S M Sathanandan RMYGA Session SLCOG	FREE PAPERS (33-38) - SESSION 6
3.20 PM - 4.20 PM	FIGO SESSION	SYMPOSIUM 2 Panel Discussion on "Assisted Reproductive Technology" Overcoming Endometrial Problems In ART - Prof Yutaka Osuga How to Overcome Difficult Embryo Transfers - Dr. Noushin Ashraf Recurrent Implantation Failure: Evidence and Practice - Dr Soumya Nair	SYMPOSIUM 3 Panel Discussion "Post-partum Haemorrhage" Moderator - Prof Sir Sabaratnam Arulkumaran Prof Rukshan Fernandopulle Dr Janakie Karunasinghe Dr A Sritharan Dr Prabath Randombage Prof M R M Rishard	FREE PAPERS (39-44) - SESSION 7
4.20 PM - 4.40 PM	Tea Break			

DAY 02 SCIENTIFIC PROGRAMME 06TH SEPTEMBER 2026				
TIME	HALL – A	HALL – B	HALL – C	HALL – D
8.00 AM – 9.00 AM	FREE PAPERS (45-50) - SESSION 8	FREE PAPERS (51-56) - SESSION 9	FREE PAPERS (57-62) - SESSION 10	FREE PAPERS (63-68) - SESSION 11
9.00 AM - 9.25 AM	PLENARY LECTURE 3 Collaboration and Partnership:the role of AFOG - Dr. John Tait (President AFOG)			
9.25 AM - 9.50 AM	PLENARY LECTURE 4 Paper to Pixels: Revolutionizing Intrapartum Care with the Electronic LCG - Dr Kusum Thapa (President, SAFOG)			
9.50 AM - 10.30 AM	DR ROHANA HATHTHOTUWA ORATION Beyond the Blade:silent scars:Reclaiming Health, Rights, and Dignity - Professor Sanath Lanerolle			
10.30 AM - 10.50 AM	Tea break & Poster Viewing			
10.50 AM - 11.10 AM	GUEST LECTURE 8 Handling near misses in Obstetrics Practice; "lessons learnt" - Prof K Muhunthan	GUEST LECTURE 9 SPEAKER FROM CIC ABBOT	GUEST LECTURE 10 The Role of Intrapartum Ultrasound in the Management of Labour Dystocia - Dr B Yohan De Silva	FREE PAPERS (69-72) - SESSION 12
11.10 AM - 11.30 AM	GUEST LECTURE 11 - Prof Rashid Latif Khan (Founder President SAFOG)	GUEST LECTURE 12 PMOS (Poly Endocrine Metabolic Ovarian Syndrome) - Dr Jaideep Malhotra	GUEST LECTURE 13 Fertility Preservation: Current Evidence and Future Directions - Dr. Ruchi Hooda	
11.30 AM - 12.30 PM	AFOG SESSION by SRH Committee "Evidence-Based Practice Across the Woman's Life Course" Welcome address - Prof Jhon Tait (President AFOG) Emergency contraception: looking into the future - Dr.Raymond Li (Hong Kong) WHO Recommendations for the Prevention and Treatment of Maternal Peripartum Infections - Prof.Pisake Lumbiganon (Thailand) Evidence-Based Micronutrient Strategies for Midlife Women - Prof.Unnop Jaisamrarn (Thailand) Discussion / Q & A	SYMPOSIUM 4 "Gestosis Panel Discussion" Moderator - Prof Suchitra Pandit Panelists - Dr. Gorakh Mandrupkar Dr. Charmila Ayyavoo Dr. Priti Kumar Dr. Rajshree Jha Dr. Kamrunnesa Dr. Girija Wagh Dr. Sumith Warnasuriya	SYMPOSIUM 5 by Endometriosis Society	
12.30 PM – 1.30 PM	LUNCH & Poster Viewing			
1.30 PM - 2.30 PM	SAFOG SESSION "Hypertensive Disorders in Pregnancy: From Prevention to Precision Care" Moderator -Dr Mariam Iqbal Key note speech - Hypertensive Disorders in Pregnancy – key to reducing maternal mortality in South Asia - Prof Sir Sabaratnam Arulkumaran Prevention and Risk Assessment - Prof Farhana Dewan Early Recognition and Accurate Diagnosis - Prof Jaideep Malhotra Precision Care: Individualized Management - Prof. M R M Rishard Improving Maternal and Perinatal Outcomes - Prof Padam Raj Pant Beyond Delivery: Lifelong Health and Future Directions - Prof Yousaf Latif Khan Audience participation Q&A	SYMPOSIUM 6 by Menopause Society SL	SYMPOSIUM 7 "Medical Disorders" Thyroid disorders in pregnancy - Dr Shemoon Marleen Thrombosis - Dr Wedisha Gankanda Diabetes - Prof Madura Jayawardana	
2.30 PM - 3.30 PM	SYMPOSIUM 8 MISCELLANEOUS Multisystemic Ageing Transition Care in 2026: A Longevity Framework Beyond Menopause Hormone Therapy -Dr Indu Asanka Jayawardane Mental Disorders in Pregnancy - (Dr Dasanthie Akmeemana)	SYMPOSIUM 9 "Shielding the Newborn Brain: Joint Perinatal Strategies against Hypoxic Ischaemic Encephalopathy" by Perinatal Society SL	SYMPOSIUM 10 "Urogynaecology" Prevention of Urinary Tract Injuries During Laparoscopic Surgery - Prof Nishendra Karunaratne Getting the Diagnosis Right Before Surgery: Preoperative Assessment in Female SUI - Dr Malith Perera The Changing Landscape of Stress Urinary Incontinence Surgery: Is Burch Still the Gold Standard? - Dr Chinthaka Banagala	
3.30 PM - 4.30 PM	SYMPOSIUM 11 "Gynaecological oncology" Evolution and current Management of Cervical cancer - Dr Yapa Wijeratne Gynae Cancers and Pregnancy - Dr. Kanishka Karunaratna Molecular Basis of Gynae Cancer - Dr. Thanuya Mahendran	SYMPOSIUM 12 "Infections in Obs & Gyn"	SYMPOSIUM 13 "When Experience Matters: Mastering Difficult Deliveries Lessons from Masters of Obstetrics" Making Vaginal Delivery Possible: The Art of Clinical Judgement - Prof. Hemantha Senanayake The Difficult Caesarean Section: Surgical Pearls from the Masters - Prof. Athula Kaluarachchi Mastering Breech Birth: Anticipating and Overcoming Challenges - Prof. P. Wijesinghe The Difficult Outcome: Wisdom Beyond the Delivery Room - Prof. Kapila Gunawardane	
4.30 PM - 4.45 PM	Tea break			
4.45 PM - 5.00 PM	Valedictory & Conclusion			