



SRI LANKA COLLEGE OF OBSTETRICIANS & GYNAECOLOGISTS

59TH ANNUAL ACADEMIC CONGRESS

“BRIDGING GAPS IN WOMEN'S HEALTH THROUGH COLLABORATION, EDUCATION, TRAINING AND RESEARCH”

04TH TO 06TH SEPTEMBER 2026 08.00 AM - 05.00 PM UNIVERSITY OF COLOMBO, FACULTY OF MEDICINE (UCFM) TOWER

DAY 01 | SCIENTIFIC PROGRAMME | 05TH SEPTEMBER 2026

TIME	HALL – A	HALL – B	HALL – C	HALL – D
8.00 AM – 9.00 AM	FREE PAPERS (1-6) - SESSION 1 <i>Chairpersons; Prof M Thirukumar/ Prof Chaminda Kandauda</i>	FREE PAPERS (7-12) - SESSION 2 <i>Chairpersons; Dr Buddika Asela Amaraseena / Prof M R M Rishard</i>	FREE PAPERS (13-18) - SESSION 3 <i>Chairpersons; Prof Champika Gihan / Dr Amila Rubasinghe</i>	SAFOG NCD ESSAY COMPETITION FINALS “PCOS in South East Asia” <i>Chairpersons; Dr Kusum Thapa / Prof Farhana Dewan / Prof Shyam Desai/ Dr Narendra Malhotra / Dr Sumith Warnasuriya</i>
9.00 AM - 9.30 AM	KEYNOTE ADDRESS Maternal Stem Cells in Obesity and Pre-Eclampsia - Prof Frank Louwen (President FIGO) <i>Chairpersons; Prof Rukshan Fernandopulle / Dr Rohana Haththotuwa / Dr A Sritharan</i>			
9.30 AM - 9.55 AM	PLENARY LECTURE 1 The Influence of Adenomyosis on Fertility and Pregnancy: Effective Management Strategies - Prof Yutaka Osuga (Past President JSOG 2024, University of Tokyo School of Medicine) <i>Chairpersons; Prof Rukshan Fernandopulle / Dr Rohana Haththotuwa / Dr A Sritharan</i>			
9.55 AM - 10.20 AM	PLENARY LECTURE 2 Its Time to Change Lenses - Pre-Eclampsia, The Fourth Trimester & Beyond - Prof Sir Sabaratnam Arulkumaran <i>Chairpersons; Prof Rukshan Fernandopulle / Dr Rohana Haththotuwa / Dr A Sritharan</i>			
10.20 AM - 10.40 AM	Tea break & Poster Viewing			
10.40 AM - 11.20 AM	DR P. DISSANAYAKE ENDOWMENT LECTURE PARADIGM SHIFTS IN OBSTETRIC PRACTICE - Dr Ravi Chandran (President-Elect FIGO) <i>Chairpersons; Prof Jayantha Jayawardana / Prof Rukshan Fernandopulle/ Dr A Sritharan</i>			
11.20 AM - 12.20 PM	RANZCOG SESSION The Rising Tide of Birth Trauma: An Obstetrician's Challenge - A/Prof Thangeswaran Rudra Building Excellence in Endometriosis Management Through Multidisciplinary Collaboration and RANZCOG Training Initiatives - A/Prof Hashika Ellepola Embryo Freezing: Ethical Principles and Contemporary Clinical Practice - Dr Dulanthi Tudawe <i>Chairpersons; Dr Sanath Akmeemana/ Dr Sumith Warnasuriya</i>	UNICEF SESSION “Beyond Pills and Procedures: Lifestyle Medicine in Women's Health” Nourishing Two Generations: Lifestyle Medicine in Pregnancy - Dr Arunie Malwatta Prescription: Exercise—The Most Underused Therapy in Obstetrics and Gynecology - Dr. S. Lakmindi Gunatilake Beyond Iron-folate: Charting Sri Lanka's programmatic pathway to Maternal Multiple Micronutrient Supplement - Dr. Sanjeeva Godakandage Multiple Micronutrient Supplements for pregnant women in Sri Lanka: Implementation Insights - Dr. Chitranganie Perera <i>Chairpersons; Dr Mangala Dissanayake/ Dr Abner Daniel / Dr Chandima Sirtunga</i>	SYMPOSIUM 1 “Applications and Implications of AI in Reproductive Healthcare” Moderator - Prof Narendra Malhotra Panelists - Dr Milhan Battha Dr Indunil Piyadigama Dr Udara Jayawardane Prof M Thirukumar Dr Madhava Karunaratne <i>Chairpersons; Prof Rasika Herath / Dr Amila Rubasinghe</i>	FREE PAPERS (19-24) - SESSION 4 <i>Chairpersons; Prof M R M Rishard / Dr Manoj Perera</i>
12.20 PM - 12.40 PM	GUEST LECTURE 1 Born Too Soon and the Road Forward to Prevent Preterm Birth - Prof. Bo Jacobsson <i>Chairpersons; Dr U D P Ratnasiri/ Dr Janakie Karunasinghe</i>	GUEST LECTURE 2 Maternal mortality reduction the way forward for South Asia - Prof. Shyam Desai (Past President – SAFOG) <i>Chairpersons ; Prof Hemantha Senanayake/ Dr Mangala Dissanayake</i>	GUEST LECTURE 3 Regenerative and Aesthetic Gynaecology a new super speciality - Prof Narendra Malhotra <i>Chairpersons; Dr A G T U Padeniya/ Dr Kanishka Samaranyake</i>	
12.40 PM - 1.40 PM	LUNCH & Poster Viewing			
1.40 PM - 2.40 PM	GUEST LECTURES 4,5,6,7 Ovarian Aging - Dr Nandita Palshetkar The environmental effects on pregnant mothers- Should we be more aware of the problem - Dr Ananda Ranathunga Towards precision Medicine in Placenta Accreta Syndrome - Dr U D P Ratnasiri Fetal Cardiac Screening in the context of New ISUOG Guidelines - Dr Jagath Dandeniya <i>Chairpersons; Dr U G Kariyawasam/ Dr Shemoun Marleen</i>	SAFOG QUIZ COMPETITION FINALS Non-communicable Disease Quiz Moderator - Prof Suchitra Pandit <i>Chairpersons; Dr Kusum Thapa / Prof Farhana Dewan / Prof Rukshan Fernandopulle/ Prof Shyam Desai</i>	Prof Sir Sabaratnam Arulkumaran YGA Session SLCOG <i>Chairpersons And Judges; Chairpersons; Dr Gamini Perera / Dr Sanath Akmeemana</i>	FREE PAPERS (25-30) - SESSION 5 <i>Chairpersons; Dr Amila Rubasinghe / Dr Sudath Senarathne</i>
2.40 PM - 3.40 PM	RCOG SESSION Anticholinergic Burden in the Management of Overactive Bladder - Dr Sujewa Fernando (Vice President RCOG) Advancing Minimally Invasive Gynecology with Robotics - Dr B A K G Mahendra Childbirth and Pelvic Floor Dysfunction - Dr Ruwan Fernando <i>Chairpersons; Dr Samantha Premaratne/ Dr Ramya Pathiraja</i>	WHO SESSION “Labour care : bringing new concepts to the current practice ” Labour progress: Partogram to decision making - Prof M R M Rishard Beyond Hypoxia: Decoding the Neuro-Inflammatory Signature of the Vulnerable Fetus - Dr Buddika Asela Amaraseena Respectful maternity care in Sri Lanka : A mixed method analysis from 21475 data points - Prof Chandana Jayasundara Family-Oriented Caesarean Delivery(FOCD) A New Approach to Positive Childbirth - Prof Prabhodana Ranaweera <i>Chairpersons; Dr Chandina Wedamestiri / Prof Madura Jayawardane</i>	Clinical Professor Dr S M Sathanandan Reproductive Medicine YGA Session SLCOG <i>Chairpersons; Dr Udara Jayawardane / Dr Madhava Karunaratne</i>	FREE PAPERS (31-36) - SESSION 6 <i>Chairpersons; Dr Hiranthi Solangaarachchi / Dr Dinuka Lankeshwara</i>
3.40 PM - 4.40 PM	FIGO SESSION Welcome & Introduction - Dr Ravi Chandran Climate change – “Heat” of the matter - Prof Krishnendu Gupta Gamete donation – Sowing Ethical Seeds - Dr Suchitra Pandit Between Duty & Danger – Violence against HCP in South Asia - Dr Rubina Sohail Discussion & Closing Remarks - Prof Frank Louwen <i>Chairpersons; Prof Frank Louwen / Dr Ravi Chandran</i>	SYMPOSIUM 2 “Assisted Reproductive Technology” Overcoming Endometrial Problems in ART - Prof Yutaka Osuga How to Overcome Difficult Embryo Transfers - Dr Noushin Abdul Majid Recurrent Implantation Failure: Evidence and Practice - Dr Soumya Nair Fertility Preservation: From Global Standard to Local practice - Dr Madhura Jayasingam Hope Against the Odds: Assisted Reproductive Technology in Resource-Limited Settings - Prof S Raguraman <i>Chairpersons; Dr Udara Jayawardane/ Dr Chaminda Hunukumbure</i>	SYMPOSIUM 3 Panel Discussion “Post-partum Haemorrhage” Moderator - Prof Sir Sabaratnam Arulkumaran Panelists - Prof Rukshan Fernandopulle Dr Janakie Karunasinghe Dr A Sritharan Prof Chandana Jayasundara Dr Prabath Randombage Prof M R M Rishard <i>Chairpersons; Dr U D P Ratnasiri/ Dr N Saravanabhava</i>	FREE PAPERS (37-42) - SESSION 7 <i>Chairpersons; Prof M Thirukumar / Dr Suranga Hettipathirana</i>
4.40 PM - 5.00 PM	Tea Break			

DAY 02 SCIENTIFIC PROGRAMME 06TH SEPTEMBER 2026				
TIME	HALL – A	HALL – B	HALL – C	HALL – D
8.00 AM – 9.00 AM	FREE PAPERS (43-48) - SESSION 8 <i>Chairpersons; Prof Prabhodana Ranaweera / Dr R Rajeev Vithanage</i>	FREE PAPERS (49-54) - SESSION 9 <i>Chairpersons; Dr Dinusha Liyanapatabandi/ Dr Sampath Gnanaratne</i>	FREE PAPERS (55-60) - SESSION 10 <i>Chairpersons; Prof Madura Jayawardane / Dr Indunil Piyadigama</i>	
9.00 AM - 9.25 AM	PLENARY LECTURE 3 Collaboration and Partnershipthe role of AFOG - Dr John Tait (President AFOG) <i>Chairpersons; Dr Rohana Haththotuwa / Dr Hemantha Perera</i>			
9.25 AM - 9.50 AM	PLENARY LECTURE 4 Paper to Pixels: Revolutionizing Intrapartum Care with the Electronic LCG - Dr Kusum Thapa (President, SAFOG) <i>Chairpersons; Prof W I Amarasinghe/ Dr Kanishka Karunaratne</i>			
9.50 AM - 10.30 AM	DR ROHANA HATHTHOTUWA ORATION Beyond the Blade:silent scars:Reclaiming Health, Rights, and Dignity - Clinical Prof Dr Sanath Lanerolle <i>Chairperson: Prof Rukshan Fernandopulle/ Dr Marlene Abeyewardena/ Dr A Sritharan</i>			
10.30 AM - 10.50 AM	Tea break & Poster Viewing			
10.50 AM - 11.10 AM	GUEST LECTURE 8 Handling near misses in Obstetrics Practice; “lessons learnt” - Prof K Muhunthan <i>Chairpersons; Prof Tiran Dias / Dr Ajlita Wijesundara</i>	GUEST LECTURE 9 Prenatal Testing: Evidence, Economics and Equity - Dr Oshadhi Nallaperuma <i>Chairpersons; Dr Chinthaka Banagala / Dr Chaminda Hunukumbure</i>	GUEST LECTURE 10 The Role of Intrapartum Ultrasound in the Management of Second Stage Labour Dystocia - Dr B Yohan De Silva <i>Chairpersons ; Prof Kapila Gunawardana / Dr Chaminda Hunukumbure</i>	
11.10 AM - 11.30 AM	GUEST LECTURE 11 Post Graduate Training Gaps in South Asian Countries - Prof Rashid Latif Khan (Founder President SAFOG) <i>Chairpersons; Dr Wimalasiri Abeykoon/ Dr A Sritharan</i>	GUEST LECTURE 12 PMOS (Poly Endocrine Metabolic Ovarian Syndrome) - Dr Gayani Tissera <i>Chairpersons; Dr Ruwan Silva / Dr Wedisha Gankanda</i>	GUEST LECTURE 13 Fertility Preservation: Current Evidence and Future Directions - Dr Ruchi Hooda <i>Chairpersons; Prof Athula Kaluarachchi / Dr Milhan Battha</i>	
11.30 AM - 12.30 PM	AFOG SESSION by SRI Committee “Evidence-Based Practice Across the Woman's Life Course” Welcome address - Prof John Tait (President AFOG) Emergency contraception: looking into the future - Dr Raymond U (Hong Kong) WHO Recommendations for the Prevention and Treatment of Maternal Peripartum Infections - Prof Pisake Lumibigan (Thailand) Evidence-Based Micronutrient Strategies for Midlife Women - Prof Unnop Jaisamarn (Thailand) Discussion / Q & A <i>Chairpersons; Dr John Tait / Dr Darshana Abeygunawardana</i>	SYMPOSIUM 4 “Gestosis Panel Discussion” Moderators - Dr Suchitra Pandit Panelists - Gestosis Score: An Innovative Promising Tool for Prediction & Prevention of Preclampsia - Dr Gorakh Mandrupkar Anthypertensive Drugs: Challenges faced - Dr Girija Wagh Eclampsia Drills - Dr Sumith Warnasuriya Postpartum complications (HELLP, PREZ,Cerebral thrombosis) ; Principles of management - Dr Charmila Ayayoo Postpartum Period; future thoughts - Prof Kamrun Nessa Runa <i>Chairpersons; Prof P S Wijesinghe / Dr T B Dissanayake</i>	SYMPOSIUM 5 “Endometrioma: What to Do and What Not to Do” by Endometriosis Society of SL Moderator - Dr Indunil Piyadigama Panelists - Prof Hemantha Senanayake Prof Madura Jayawardane Prof Prabhodana Ranaweera Dr Samantha Premaratne Dr Chaminda Hunukumbure	
12.30 PM – 1.30 PM	LUNCH & Poster Viewing			
1.30 PM - 2.30 PM	SAFOG SESSION “Hypertensive Disorders in Pregnancy: From Prevention to Precision Care” Moderator -Dr Mariam Iqbal Key note speech - Hypertensive Disorders in Pregnancy – key to reducing maternal mortality in South Asia - Prof Sir Sabaratnam Arulkumaran Prevention and Risk Assessment - Prof Farhana Dewan Early Recognition and Accurate Diagnosis - Prof Jaideep Malhotra Precision Care: Individualized Management - Dr Rajendraseelan Thourathippan Improving Maternal and Perinatal Outcomes - Prof Padam Raj Pant Beyond Delivery: Lifelong Health and Future Directions - Prof Yousaf Latif Khan Audience participation Q&A <i>Chairpersons; Dr Kusum Thapa, Dr Rohana Haththotuwa, Prof Rubina Sohail</i>	SYMPOSIUM 6 by Menopause Society of SL Testosterone; current evidence for clinical practice - Dr Prabath Randombage Neurokinin for hot flashes; efficacy and safety - Dr Rashanthi Perera Latest safety guideline for ERT - Dr Darshana Abeygunawardana <i>Chairpersons; Dr M D P Gunaratne / Dr Ruwan Silva</i>	SYMPOSIUM 7 “Medical Disorders” Thyroid Disorders in Pregnancy: An Update for Clinical Practice - Dr Shemoun Marleen Diabetes in pregnancy controversies and consensus - Prof Madura Jayawardane Modern Anticoagulation in Women's Health: Pregnancy, Gynaecology, ART and the DOAC Era - Dr Wedisha Gankanda <i>Chairpersons; Dr Janaka Jayasinghe / Dr Ruwan Senaka Gamage</i>	
2.30 PM - 3.30 PM	SYMPOSIUM 8 MISCELLANEOUS Multisystemic Aging Transition Care in 2026: A Longevity Framework Beyond Menopause Hormone Therapy-Dr Indu Asanka Jayawardane Mental Disorders in Pregnancy - Dr Luckshika Amaraloku Vasa Previa: Current Evidence, Clinical Controversies and Guideline Perspectives - Dr Kajendra Jogarash <i>Chairpersons; Dr Ananda Ranathunga / Dr Janakie Karunasinghe</i>	SYMPOSIUM 9 “Shielding the Newborn Brain: Joint Perinatal Strategies against Hypoxic Ischaemic Encephalopathy” by Perinatal Society of SL The Intrapartum Window: Timely Interventions and Risk-Stratification to Prevent Fetal Hypoxia - Dr Ruwan Silva Beyond the Cooling Blanket: Biomarkers, Neuroprotection, and Prognosticating HIE - Prof Saraji Wijesekara The Continuum of Care: Community Surveillance and Early Intervention Networks for HIE - Dr Asiri Hewamalage <i>Chairpersons; ; Dr A Sritharan / Dr Harsha Atapattu</i>	SYMPOSIUM 10 “Urogynaecology” Prevention of Urinary Tract Injuries During Laparoscopic Surgery - Clinical Prof Nishendra Karunaratne Getting the Diagnosis Right Before Surgery: Preoperative Assessment in Female SUI - Dr Malith Perera The Changing Landscape of Stress Urinary Incontinence Surgery: Is Burch Still the Gold Standard? - Dr Chinthaka Banagala <i>Chairpersons; Clinical Prof Sanath Lanerolle / Prof Chandana Jayasundara</i>	
3.30 PM - 4.30 PM	SYMPOSIUM 11 “Gynaecological oncology” Pregnancy and Gynecological Cancer: Balancing Maternal Cure and Fetal Safety - Dr Kanishka Karunaratne From Genes to Targeted Therapy: Molecular Genetics in Gynecological Cancer - Dr Thanuya Mahendran Cervical Cancer Management: From Radical Surgery to Precision Care - Dr Yapa Wijeratne Vulval Premalignant Lesions: Early Recognition, Modern Management and Cancer Prevention - Dr Madara Ojithmal <i>Chairpersons; Dr Lakshmen Palliemulla / Dr Wedisha Gankanda</i>	SYMPOSIUM 12 “Intrapartum Pyrexia: Early Recognition, Timely Intervention and Optimising Maternal–Newborn Outcomes” Intrapartum Pyrexia: Pathophysiology, Differential Diagnosis and Early Recognition - Dr Dinusha Liyanapatabandi Management of Intrapartum Pyrexia: An Obstetrician's Perspective - Dr Dinuka Lankeshwara Management of the Newborn Following Maternal Intrapartum Pyrexia - Dr Kasun Jayasundara <i>Chairpersons; Prof C Randeniya / Dr Diluk Seneadeera</i>	SYMPOSIUM 13 “When Experience Matters: Mastering Difficult Deliveries Lessons from Masters of Obstetrics” Making Vaginal Delivery Possible: The Art of Clinical Judgement - Prof Hemantha Senanayake The Difficult Caesarean Section: Surgical Pearls from the Masters - Prof Athula Kaluarachchi Mastering Breech Birth: Anticipating and Overcoming Challenges - Prof P. S. Wijesinghe The Difficult Outcome: Wisdom Beyond the Delivery Room - Prof Kapila Gunawardane <i>Chairpersons; Dr Sanath Akmeemana / Prof Rukshan Fernandopulle</i>	
4.30 PM - 5.00 PM	Valedictory & Conclusion			
5.00 PM - 5.15 PM	Tea break			